

# Central European Journal of Sport Sciences and Medicine

a quarterly journal



University of Szczecin  
Faculty of Health  
and Physical Education

Vol. 37, No. 1/2022



## Contents

Eligiusz Małolepszy, Teresa Drozdek-Małolepsza THE OUTLINE OF THE HISTORY OF PHYSICAL CULTURE IN THE PROVINCE OF TERNOPIŁ IN THE YEARS 1920–1939	5
Michail Mitrotasios, Ioannis Ispyrilidis, Nikolaos Mantzouranis, Emmanuel Vassiliades, Vasilis Armatas POSITION-SPECIFIC PHYSICAL PERFORMANCE OF PROFESSIONAL PLAYERS DURING FULL-SEASON MATCHES IN A GREEK SUPERLEAGUE ELITE TEAM	13
Kinga Kostrakiewicz-Gieralt PLANTS, ALGAE, CYANOBACTERIA AND FUNGI IN DIET OF VEGAN AND VEGETARIAN SPORTSMEN-A SYSTEMATIC REVIEW	23
Efthimios Bogiatzidis, Ioannis Ispyrilidis, Vassilios Gourgoulis, Aikaterini Bogiatzidou, Athanasios Chatzinikolaou, Nikolaos Mantzouranis, Ilias Smilios THE EFFECTS OF AN ALTERNATIVE TRAINING METHOD ON PHYSICAL AND TECHNICAL ABILITIES OF ADOLESCENT SOCCER PLAYERS: A PILOT STUDY	45
Henryk Duda, Aleksander Stula ASSESSMENT OF KNOWLEDGE AND ATTITUDE IN THE FIELD OF DOPING IN YOUNG ATHLETES OF TEAM GAMES	57
Robert Podstawski, Grzegorz Bielec, Krzysztof Boryslawski, Zoltán Alföldi, Arkadiusz Marzec CHANGES IN THE BLOOD PRESSURE, HEART RATE AND BODY MASS OF PHYSICALLY ACTIVE MEN IN RESPONSE TO THERMAL STRESS	65
Sabrina Demarie, Christel Galvani, Bruno Donatucci, Antonio Gianfelici A PILOT STUDY ON ITALIAN EVENTING PROSPECTIVE OLYMPIC HORSE RIDERS PHYSIOLOGICAL, ANTHROPOMETRICAL, FUNCTIONAL AND ASYMMETRY ASSESSMENT	77
Miroslav Nemeč, Štefan Adamčák, Michal Marko POPULARITY AND COMMON ISSUES OF TEACHING SPORTS GAMES AT ELEMENTARY SCHOOLS IN SLOVAKIA	89
Oliver Huzarski, Waldemar Pluta, Anna Lubkowska 1,000-M ROWING ERGOMETER TIME TRIAL PERFORMANCE IN FEMALE AND MALE COLLEGIATE ROWERS	101